

Riverview Elementary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
12/30/19	12/31/19	1/1/20	1/2/20	1/3/20
			Grab n Go	Egg & Cheese
			Maple Wafle	Bagel
			or	or
		3	Choice of Cereal	Choice of Cereal
			Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
			or Fresh Fruits	or Fresh Fruits
			Choice of Milk	Choice of Milk
1/6/20	1/7/20	1/8/20	1/9/20	1/10/20
Cinnamon	Breakfast Pizza	Strawberry Poptart	Grab n Go Sausage Pancake	Sausage Egg & Cheese
Bread Slice		w/ Belly Bears	on a Stick	Bagel
or	or	or	or	or
Smoothie	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal
ssorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
or Fruits	or Fresh Fruits	or Fresh Fruits	or Fresh Fruits	or Fresh Fruits
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
OTTOGO OF WILK	CHOICE OF WIIIN	OTTO OT WITH	CHOICE OF WITH	OTIGIOS OF WIIIK
1/13/20	1/14/20	1/15/20	1/16/20	1/17/20
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Cinnamon	Bagel	Chocolate Chip Mini Loaf	Grab n Go	Egg & Cheese
Bread Slice or	w/ Spreads or	w/ Belly Bears or	Maple Wafle or	Bagel or
OI .	31	GI CI	Ci.	
Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal
ssorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
or Fresh Fruits	or Fresh Fruits	or Fresh Fruits	or Fresh Fruits	or Fresh Fruits
OI FIESII FIUILS	of Flesh Fluits	of Flesh Fluits	of Flesh Fluits	of Flesh Fluits
Ob all a a CMIII	Obair a AMIII	Ola - ' 6 N 4'H -	Objection of MAIII.	Olasia a s (NAIII a
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
1/20/20	1/21/20	1/22/20	1/23/20	1/24/20
*	Breakfast Pizza	Strawberry Poptart	Grab n Go Sausage Pancake	Sausage, Egg & Cheese
VY V		w/ Belly Bears	on a Stick	Bagel
MAKE K	or	or	or	or
CENTER	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal
157 N. S.				
STANK K	Assorted 100% Fruit Juice			
THE PERSON NAMED IN	or Fresh Fruits	or Fresh Fruits	or Fresh Fruits	or Fresh Fruits
本				
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
1/27/20	1/28/20	1/29/20	1/30/20	1/31/20
Cinnamon	Bagel	Chocolate Chip Mini Loaf	Grab n Go	Egg & Cheese
Bread Slice	w/ Spreads	w/ Belly Bears	Maple Wafle	Bagel
or	or	or	or	or
Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal
ssorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
or Fresh Fruits	or Fresh Fruits	or Fresh Fruits	or Fresh Fruits	or Fresh Fruits
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
2/3/20	2/4/20	2/5/20	2/6/20	2/7/20
Grab n Go	Breakfast Pizza	Strawberry Poptart	Breakfast Pizza	Sausage Egg & Cheese
Maple Waffle	2.00	w/ Belly Bears	D. Gamage Fizza	Bagel
or	or	or	or	or
Oi .	Ji	Ji	Ji Ji	01
Chains of Carast	Chaina of Caraal	Chaina of Caraal	Chains of Carast	Choice of Careel
Choice of Cereal ssorted 100% Fruit Juice	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal
	Assorted 100% Fruit Juice			
or Fresh Fruits	or Fresh Fruits	or Fresh Fruits	or Fresh Fruits	or Fresh Fruits
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk

What is a Meal?

You must choose at least 3 of the 5 components available for the school breakfast price.

Choice of: Grain or grain/protein Choice of fruit or vegetable (must take at least a 1/2 cup) and

Choice of Milk Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice, fresh fruit selection including apples, bananas and oranges





Apple Jacks
Cinnamon Toast Crunch
Lucky Charms
Fruit Loops
Coco Puffs

Third Alternative

Otis Spunkmeyer muffin w/ a fruit Choose from Banana, Chocolate Chip or Blueberry

Choose a juice or fruit or both to make it a meal.



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Check out the daily nutritional values of you lunch