

Riverview Elementary Breakfast Menu

Monday 12/30/19	Tuesday 12/31/19	Wednesday 1/1/20	Thursday 1/2/20	Friday 1/3/20
			Grab n Go Maple Waffle or Choice of Cereal	Egg & Cheese Bagel or Choice of Cereal
			Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk
1/6/20	1/7/20	1/8/20	1/9/20	1/10/20
Cinnamon Bread Slice or Smoothie	Breakfast Pizza or Choice of Cereal	Strawberry Poptart w/ Belly Bears or Choice of Cereal	Grab n Go Sausage Pancake on a Stick or Choice of Cereal	Sausage Egg & Cheese Bagel or Choice of Cereal
Assorted 100% Fruit Juice or Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk
1/13/20	1/14/20	1/15/20	1/16/20	1/17/20
Cinnamon Bread Slice or Choice of Cereal	Bagel w/ Spreads or Choice of Cereal	Chocolate Chip Mini Loaf w/ Belly Bears or Choice of Cereal	Grab n Go Maple Waffle or Choice of Cereal	Egg & Cheese Bagel or Choice of Cereal
Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk
1/20/20	1/21/20	1/22/20	1/23/20	1/24/20
	Breakfast Pizza or Choice of Cereal	Strawberry Poptart w/ Belly Bears or Choice of Cereal	Grab n Go Sausage Pancake on a Stick or Choice of Cereal	Sausage, Egg & Cheese Bagel or Choice of Cereal
	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk
1/27/20	1/28/20	1/29/20	1/30/20	1/31/20
Cinnamon Bread Slice or Choice of Cereal	Bagel w/ Spreads or Choice of Cereal	Chocolate Chip Mini Loaf w/ Belly Bears or Choice of Cereal	Grab n Go Maple Waffle or Choice of Cereal	Egg & Cheese Bagel or Choice of Cereal
Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk
2/3/20	2/4/20	2/5/20	2/6/20	2/7/20
Grab n Go Maple Waffle or Choice of Cereal	Breakfast Pizza or Choice of Cereal	Strawberry Poptart w/ Belly Bears or Choice of Cereal	Breakfast Pizza or Choice of Cereal	Sausage Egg & Cheese Bagel or Choice of Cereal
Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk
Elementary Breakfast \$1.25 Jr./Sr. High Breakfast \$1.50		Student Reduced Breakfast \$0.30		Adult Breakfast \$1.95

What is a Meal?

You must choose at least 3 of the 5 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable
(must take at least a 1/2 cup)
and

Choice of Milk
Choice of Milk - 1% white, fat-free
white, chocolate, vanilla and
strawberry

You must take at least 1/2 cup of
fruit or vegetable

Fruit May Include:

Canned peaches, applesauce,
pears, pineapple, fruit cocktail,
mandarin oranges, 100% juice,
fresh fruit selection including
apples, bananas and oranges



Apple Jacks
Cinnamon Toast Crunch
Lucky Charms
Fruit Loops
Coco Puffs

Third Alternative

Otis Spunkmeyer muffin w/ a fruit
Choose from **Banana, Chocolate Chip or
Blueberry**

Choose a juice or fruit or both to make it a meal.



www.schoolcafe.com

Check out the daily nutritional values of you lunch
on school cafe.